



2017-2018
报告



AIXIN FOUNDATION 2017-2018 WORK REPORT

2017—2018 爱心基金会工作报告

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AiXin Foundation Has Gone Through 16 Years

—— Yongkai Weng, President of the AiXin Foundation

In the past two years, the Chinese government has stepped up its efforts to alleviate poverty, and improve the quality in rural basic education and public health. With the rapid development of Chinese economy, as a force to promote social development and progress, public welfare has gradually become a cause closely related to Chinese society and the public.

Since its inception in 2002, the AiXin Foundation has positioned itself as a platform for public welfare and a bridge between Chinese and American non-governmental exchanges. It has been operated with selfless donations and dedication of people and volunteers from the United States and China. Our role is supporter and facilitator. We provide services in the areas of health, education and sustainable development.

Today's China is facing enormous opportunities and challenges. As an international non-governmental organization, we clearly realize that we must work hand in hand to promote the cooperation among the government, enterprises, academic circles and social organizations, integrate resources to form a joint force, in order to face and gradually solve the problem in China together. With limited capital investment, the AiXin Foundation advocates and participates in the implementation of sustainable development pilot projects with demonstration significance. Most of our projects are innovative and strive to maximize benefits, especially in rural health education, which promotes practical change and cross-border exchanges and cooperation to benefit more people.

With the support of our donors and partners, the work of the AiXin Foundation in China was basically stable and progressing in the past years. We continued to help more than 500 person times of children of poor and disabled families in Anhui and Heibe Province. The Health Education Program continued to advance in Henan pilot area and disseminated new experience to other places in the country. In particular, the Diet Education Promotion, which is strongly supported by the AiXin Foundation, has made great progress in the past two years and has been recognized by governments and society at all levels.

The Building Bridges US-China Youth Culture Exchange Program was successfully held in Hongdong of Shanxi Province and Qingzhou in Shandong Province, in 2017 and 2018 respectively, which promoted the communication and understanding between the young people in China and the United States.

It was also an eye-opening experience for many rural children. The AiXin Foundation continued to support a number of domestic non-profit organizations in the fields of health, education and environmental protection to enhance the capacity-building of non-profit organizations and assist them to grow and develop. Through these programs, AiXin Foundation affected at least 46,000 lives. We also continued to publish the AiXin Column every week in media in the metropolitan area of Washington DC, to help friends in overseas who pay close attention to China and would like to learn more about the news that emerging in China at grass-roots level.

All of these above is inseparable from the support of our loved ones and partners. Looking back, the AiXin Foundation has gone through 16 years. As a small non-profit organization, we walk on the land of China, and we hope to do our job well in a down-to-earth manner. Our strength lies in the trust and support of the people in the metropolitan area of Washington DC, as well as the participation of domestic grass-roots volunteers and the support of local governments, so that the programs can be settled down.

The AiXin Foundation starts from small with the hope to help friends who care about China at home and abroad to fulfill their wishes and pass on their love. In the future, bearing your trust and love, we hope we can get everyone's encouragement and support as always. Thank you for your love and dedication to those in need!



November 2019



About AiXin Foundation

In November 2002, a group of overseas professionals from China, Taiwan and HongKong established the AiXin Foundation in the capital of the United States, with the goal of gathering resources to assist China's fight against AIDS. After 2004, the AiXin Foundation has committed to support the health promotion and health education that primarily focus on family and community based prevention. In the meantime, AiXin Foundation provides financial aid to young generation living in the poverty-stricken areas of China, encourages them to become independent and self-reliant, complete their studies, and serve the public. Nowadays, the focus of AiXin Foundation is to support and promote China's public health, basic education, the culture exchange between Chinese and American youth, as well as the capacity-building of grassroots NGOs.

Since its establishment, the AiXin Foundation has never collected any administration fees from the donations, nor has it had any full-time staff. It all depends on volunteers working together with donors who make generous contribution, and implementing the program activities through volunteers and strong local partners in China, to ensure that 100% of the donations reach those in need and being invested on where most needed.

Since its establishment in 2002, 16 years have passed by. At the beginning, AiXin Foundation has positioned itself as a public welfare platform, operated by the selfless contribution and dedication of the devoted people and volunteers from the United States and China. Although AiXin Foundation is tiny, we have been working hard. We hope to bring out the best outcome from the limited resources and achieve a refined and unique results.



Our Mission and Approach

The AiXin Foundation is committed to improving basic education and public health in impoverished areas of China; supporting capacity-building and development of non-profit organizations; and promoting cultural exchanges between China and the United States.

The AiXin Foundation helps friends caring about China at home and abroad to accomplish their wishes and deliver their love and caring. May each person can do their part to participate in and support the development and progress of Chinese society.

AiXin Foundation Program Progress



Rural Education Support Program

From 2017 to 2018, with the active support from enthusiastic friends from all walks of life, the AiXin Foundation completed the following work: In 2017, a total of RMB 292,000, equivalent to US\$44,242 was donated to subsidize 261 students from poor families. Among them, 150 students at primary schools and middle schools in Shitai County, Anhui Province, were funded with RMB 186,700; 50 students at primary schools and middle schools in Pingshan County, Hebei Province were sponsored with RMB 53,500; 46 students in Guyuan County, Hebei Province were funded with RMB 41,400; and 6 students in Lingshou County of Hebei Province received a donation of RMB 5,400.

A total of RMB 282,000, equivalent to US \$40,986 was allocated to help 263 students in poverty in 2018. Among them, RMB 41,600 was donated to 34 students in Pingshan of Hebei Province; RMB 180,900 was used to sponsor 162 students in poverty in Shitai County of Anhui Province; And in Lingshou County of Hebei Province, RMB 6,300 was allocated to support 7 primary school students, while RMB 54,000 was donated to sponsor 60 middle school students in Guyuan County in Hebei Province.

In recent years, China has stepped up its efforts in implementing nine-year compulsory education in primary and junior high schools. When we visited rural schools, we saw that except for high school students, the tuition fees for primary and secondary school students are free, and students need to pay for teaching materials, stationery, school uniforms, daily necessities and food expenses. The cost of food is the major expenses for students' families. Local governments and non-profit organizations also offer free lunches,



Beneficiary student Zhang Wei in Hebei talked to AiXin volunteer Hu Chuanshuo

milk or free meals several days a week to rural schools in different ways.

As far as the situation observed during our visit, there are great differences between different regions and different schools, because the free lunch or free milk is funded by various levels of government, and some are sponsored by non-profit organizations or corporate that are outreached by school themselves. In general, due to the distribution of free lunches, despite the factor of rising prices, students' living cost is lower than in previous years. The students' expenditures per semester are mainly room and board and purchase of school supplies. In terms of the two counties recently visited by AiXin Foundation volunteers, the monthly living expenses of primary school students are about 200 yuan a month, middle school students are about 300 yuan, and high school students are about 600 yuan. The cost of living varies from region to region, and the cost of living in the south is higher.



Student Li Zhuonan and her family in Baituyao Middle School of Hebei

Because the state has made great efforts to implement poverty alleviation policies, the economic situation of poor families has improved significantly compared with previous years. However, the main reason for poverty is still caused by the presence of patients or disabled people in the family, or when calamity or changes taking place resulting in no one in the family can go out to work, and so on. In this case, students' living expenses of thousands of yuan a year become a greater burden for the family. On the one hand, it is the government's support for education, on the other hand, the parents of poor families have an understanding that "going to school is a possible way to get out of poverty", so even if the family is living

from hand to mouth, they still try to support their children to school as much as possible. During our visits, we did not see children who were out of school because of poverty. The role of AiXin Rural Education Support Program is actually to help alleviate the pressure from poor students' families.

1.1 Make Good Use of Each Donation

It is the basic requirement for a charity organization to make good use of every donation and share what we know with the donors. The AiXin Foundation has taking this commitment seriously and working hard to keep our words. Based on our understanding of the situation at the grass-roots level in China and constant visits to AiXin Foundation's project bases, we have adjusted ourselves every step of the way, maximized the support from local staff to our rural education support program, and ensured that every donation is carried out properly and truly benefits those in need. In order to ensure the implementation of the donation, we promise our donors that if any improper use of the donation occurs in the course of the implementation of the project, AiXin Foundation will take full responsibility tracking down and paying losses. In the past 13 years, only one mistake took place due to the USD conversion of a donor's grant in 2016. The volunteer (project leader) admitted the mistake and personally advanced the RMB 1561.63 overspent.



AiXin volunteer visited financial aid beneficiary student and his parent at Baituyao Middle School in Guyuan County

1.2

AiXin Rural Education Support Program - Help Students Complete Their Studying

The AiXin Rural Education Support Program has been in existence for 13 years since its inception, at a time when China is in a period of rapid development and constant change. In 2006, the amount of AiXin financial aid was RMB 400 for primary and middle school students and RMB 800 for high school students. At that time, the money was able to cover most of the cost for poor students to go to school and economically help students from poor families complete their studies. With the development of economy and rising prices in the past decade, we have adjusted the grant to RMB 900 for primary and middle school students and RMB 1,800 for high school students in 2016, but only able to pay 1/3 of the cost. At present, AiXin financial aid can only help students from poor families ease the financial pressure of going to school.

As the country has stepping up its efforts in poverty alleviation, we saw in the visit that every place can indeed guarantee that students from every poor family go to school. There is state support for education, and parents from poor families recognize that learning is a way to change the future of their children. The economic improvement of poor families varies greatly from region to region. Some places help poor families to carry out planting and aquaculture, while some local governments invest the poverty relief funds to poor households into local enterprises, which is equivalent to loans to enterprises, and then the enterprises pay the annual income of loans to poor households every year, so that poor households have a fixed income every year instead of simply making a one-off payment to help the poor. Because it is guaranteed that every student can go to school, AiXin Foundation's current financial aid is actually used to subsidize poor students to pay for their food cost, learning materials, living expenses, which is also a kind of financial subsidy to the poor families.

1.3

One of the Purposes of AiXin Support is to Pass on Love



Students in Shitai County received donated reading materials with big smiles on their faces

Just as middle school student Shi Yihua in Pingshan County wrote to her sponsor Ms. Gong Tian, "From the beginning of primary school, you have appeared in my memory, bringing me care and warmth from time to time. You have helped me so much. Although I can't return you the favor, I will definitely live up to expectations, study as hard as I can. Although I can't repay you now, I hope one day I can grow up like you, to help others, pay it forward."

Wang Hailing, a high school student in Shitai County, wrote to her sponsor Ms. Wu Sijing, "Your financial support has given me a great impetus to my studies. I will study hard and strive for early success, and live up to your expectations. Your subsidy is of great significance. If I can complete my studies, become successful as soon as possible, I want to

be a person like you, giving back to the society, so that more families with financial difficulties do not let their children out of school because of poverty.

In order not to burden students and to prevent students from writing under the pressure of teachers, our long-standing principle has always been to encourage students to write thank-you letters to sponsors, but it is not mandatory. We provide recipients with

the address of the AiXin Foundation Beijing Office and promise to convey letters to the donors in the US or in China. About 200 to 300 students are funded through the AiXin financial aid each year. We receive more than 100 thank-you letters from students each year. Because we do not have rigid rules for students to write letter of appreciation to donors, most of these letters should be written spontaneously from the heart of students or asked by their parents.

Most of the letters expressed more or less gratitude like Shi Yihua and Wang Hailing. More than one third of the students expressed their gratitude, or willingness to help others in the future. Student's reactions shows that the project of helping students has indeed play a role in conveying love. Ms. Gong started to subsidize Shi Yihua since her first grade. Shi Yihua has become a 9th grade student last year. It is normal for Shi Yihua to have such thoughts and expression after an unfamiliar person has sponsored her studying for nine years.



The Association of Fellow Anhui Province (AFAP, China) Actively Supports AiXin Education Program

The AFAP in Washington DC, joined the program in 2015. By 2018, AFAP has funded about 100 primary and secondary school students in their hometowns. In October 2017, Ms. Shi Dexiu, President of AFAP, and Mr. Wang Xingyu, Vice President, and Ms. Weng Yongkai, President of the AiXin Foundation, visited Shitai County, Anhui Province.

The following is an excerpt from Dr. Shi Dexiu's comments after her visit in Shitai County:

In November 2014, AFAP representatives participated in the AiXin Rural Education Support Program at the initiative of Vice President Wang Xingyu and received positive response from our members to support disabled or poor students in Shitai County, Anhui Province through AiXin Foundation. In 2015, we supported 26 students in middle schools and high schools, 28 students in 2016, and 24 students in 2017, each with \$300 per person per year for high school students and \$150 for middle school students. In November, 2015, board member Li Zhonggang made a special trip to Shitai County to visit the aided students on behalf of the AFAP together with the President of the AiXin Foundation, Weng Yongkai. Our Vice President Wang Xingyu and I have always wanted to visit the children. We just returned to China this year and got this opportunity.

Shitai County is located in the mountainous area of southern Anhui Province. Because of its inconvenient transportation and underdeveloped economy, Shitai County is National Poverty County with a population of more than 100,000, including more than 5,000 disabled people. Among the students we subsidized, the main cause of poverty is due to disability and illness. I am deeply touched by this visit and would share some of my thoughts as following:

Ms. Shi Dexiu from AFAP and beneficiary student and her family



During this visit, I was deeply moved by the grass-roots cadres in Shitai County, in particular, the County Disabled Person's Federation (hereinafter referred to as the Disabled Person's Federation) we contacted, was very dedicated to serving the poor and disabled. They have been working there for decades, rain or shine, and they have a clear grasp of the situation of each household.

1. Almost everyone in the county cadres now subcontracts the task of lifting poor households out of poverty. In the homes of several students we visited, poverty alleviation cards were affixed on the walls, indicating the name and contact information of the responsible person in the county, one of whom was the secretary of the county party committee (the

people who is in charge the whole county). Mr. Wu Liangshun of the County Disabled Persons' Federation has retired after reaching 50 years old, and he has also contracted four households to help them get out of poverty. He has to visit each family at least once a month and report on support measures, and so on.

The government has invested a lot in poverty alleviation. There are 20,000 people in this town and more than 800 disabled people are almost entirely depending on the state to provide: free apartments (25 square meters per person), plus living expenses, medical insurance, and so on. For people with ability to perform labor work, they are encouraged to do some work. In short, the country is really concerned about poor areas. The primary and secondary schools of Shitai County are located in the best location, the campus is beautiful, and those schools all joined the National School Free Lunch Program, the students can eat well every day. At Jitan Primary School, I wrote down the lunch menu of the day (Oct. 26th): beef chowder, Chinese cabbage, cumber stir fried with ham, stewed eggs and mushroom ribs soup. Children eat better at school than at home, and some filial children want to bring some to their parents.

2. It is understood that a small number of mental patients are congenitally inherited, but most of them are acquired. It was worrisome to witness the situation of parents with mental disabilities in the family. The atmosphere of these family is very depressing, the children are introverted and even unwilling to meet people. Parents with mental disabilities, especially mothers, are unable to perform housework, let alone educate their children. On the contrary, parents are only physically disabled, their family condition is much better. It is relatively normal for children to study and live in such a family. Like Zhang Lu, a fifth grader girl I funded, though her mother is physically disabled, her house is very clean and tidy. The girl is very cheerful. After she heard that we are going to visit, she greeted us at the door. She was very responsive during our interview, with graceful manner. Zhang Lu is also very good at learning. She is the representative of English subject. I encouraged her to study hard and become a useful person to the country.

After returning from the visit, I have been worried about the children whose parents with mental disabilities. Living in such a depressing family atmosphere, will they also become mental defects? It is suggested that schools and society should pay more attention to and give helps to these children, such as setting up a psychological counseling room in school, making home visits to children with mentally disabled parents, setting up special counselling, so that children with kindred feelings have the opportunity to talk about and release their pressure. In short, it is a serious social task to help them grow healthily, prevent mental illness and reduce the prevalence rate.

3. I recently read a report about a long-term study by a Stanford University professor on a field survey of rural China. He found that

Group photo of AFAP representatives, AiXin volunteers and beneficiary student and parents





Ms. Shi Dexiu and Mr. Wang Xingyu from AFAP visited students in Shitai County

only 37% of children in rural China went to high school. The vast majority of children in China still live in rural areas, that is to say, the source of Chinese labor comes mainly from rural areas. Under the accelerated development of urbanization, many rural children will grow up and work in the city in the future. With the advancement of science and technology, the requirement of quality labor force will become higher and higher, and therefore, improving the educational level of the next generation is a prerequisite for realizing China's economic transformation and industrial upgrading.

I very much agree with the proposal of Dr. Weng Yongkai, President of the AiXin Foundation, to promote 12 years of compulsory education. Extend the 9-year compulsory education to 12 years. After graduating from middle school, children can choose to go to high school and study further in college or enter vocational/technology school. Otherwise, many rural children feel that they cannot get into high school, they lost interest in finishing middle school education. As a result, once these children enter the era of intelligence technology, they will be eliminated by the times because of lack of basic re-learning ability, thus affecting the development of the country because of the lack of human resources.

I would like to express my special thanks to people of AFAP. They have actively responded to this activity in the past three years. Members of the Board of Directors took the lead, such as Honorary President Xu Gang and his wife Ms. Qin Haiying, sponsored two high school students and two primary school students. Vice President Wang Xingyu and his wife Ms. Jin Yan, have sponsored five students with disabilities through the AiXin Foundation since 2008. Among them, Fang Zhi, who received their support since middle school, achieved excellent results in the 2013 College Entrance Examination and was admitted to Xi'an Jiaotong University with the first place in the county. After they learned the news, they funded a sum of money to buy him a laptop and encouraged him to overcome his difficulties and study hard. AFAP will continue this sponsorship project and do something for our loved ones in the hometown.

Through helping students, the most important thing for us is to express love, so that children with family difficulties feel the care and love from the society. If this love can take root in their hearts and continue to spread in the future, it will have a profound impact on the overall quality of the society. As Fang Zhi put it, "In 2008, I remembered the names of the two who I would remember for my lifetime, Uncle Wang Xingyu and Aunt Jin Yan. That fall, because of their help, I smoothly entered middle school. If those six years of help give me something, I think it's more of a belief. I understand that I am not alone, but also let me realize my own responsibility

to the society. This is also a kind of inheritance. I accepted the help from others, after I grow up, I should take responsibility with the same way. Because I have experienced it personally, I understand better that kind of touching feeling when they show their love in my times of trouble, and the tremendous motivation brought by this touching feeling."

The following is a note from Vice President Wang Xingyu of AFAP after his one-day visit:

October 28th, 2017, Day 3

Today, we drove about 160km in the mountains and visited 14 families of students (in Shitai, poor families refer to families with a per capita annual income of less than 3600 yuan RMB). There are not many students with disabilities. Most of the students come from families with parents with disabilities. There are three types of parents: Parents have physical disabilities, parents have mental retardation, and parents with mental illness. In the first category, some families are little different from normal families except for a slight poverty due to lack of labor. Children study and live normally in such a family, and many students are outstanding, such as Zhang Lu, a fifth grader girl funded by Dr. Shi Dexiu. Most of the second category families are doing alright. The most worrisome is the third category of families, where one of the parents has mental illness (more often, some parents of the student, one is mentally ill and the other is physically disabled). These families have difficulty living, and most of the students are introverted and unhappy. Students from these families deserve more attention both financially and psychologically.

In recent years, the state has invested a great deal in helping poor family with disability, such as poverty alleviation subsidies, medical insurance, free housing, and other measures for the benefit of the people. It is necessary to implement it to every disabled family through government departments at all levels. For example, for every chicken raised in Shitai County, the government subsidy is 15 yuan, every pig is 600 yuan. Patients enjoy long-term medication supplements. During our visit, we have seen it carried out in poor families. China is so big that it takes a certain amount of time and a process to implement it in every place. We believe that under the care of the government and social force from all walks of life, the situation of families with disabilities will be further improved. We hope that children living in such families can grow up as healthily and vigorously as children raised in normal families.

AFAP President Shi Dexiu and student she sponsored





AiXin Health Program

Health is a common concern of all countries and people around the world. Data shows, China has 270 million hypertensive patients, 13 million stroke patients and 11 million coronary heart disease patients. More than 97 million people with diabetes; nearly 100 million patients with chronic obstructive pulmonary disease. About 3.8 million new cancer cases each year, and the 88% of death from chronic non-communicable diseases, which resulting in a disease burden of more than 70%. These chronic diseases are preventable in a large part, and the key relies on people's health awareness and life styles.

In August 2016, China held its first National Sanitation and Health Conference, which established a national policy that focuses on prevention and health integration into all policies. Under the framework of top-level design, policy and system support, from 2017 to 2018, from top to bottom, polices are moving into the implementation phase.

Since its establishment in 2002, AiXin Foundation has invested considerable efforts in health program: from the fight against AIDS in 2002 move to public health in 2005, we have been focusing on prevention-based, family and community based public health education and health promotion.

Following the pilot project of Health Service into Family in Pingqiao District, Xinyang, Henan Province in 2011, since 2014, we have cooperated support with the construction of National Health Promotion Demonstration District in Xin County, Henan Province, and made every effort to promote the development of "Healthy Xin County". In the implementation process of the pilot practice, through various service guidance, we have coordinated support for non-profit organizations and social forces to connect with the government, from synergy to resources integration, and timely summed up the experience and provided support for scientific decision-making.

The goal of the AiXin Foundation is to cooperate with Healthy China Initiative, fully support non-profit organizations and professional institutions, strive to bridge the communication and coordination between local governments and non-profit organizations, and move from treating diseases to focusing on health. The activities will enable the general public to understand health, learn about health, and master effective ways to reduce illness and maintain healthy; advocate health into the universal policies, mobilize the people and society, and enjoy health for all.

Program team member from local government, NGO and AiXin Foundation



2.1 Fully Support the Diet Education Promotion Plan

Diet Education is about training and education related to diet, nutrition and good eating habits. Through the education of Teaching Children How to Eat and infiltrating the education of morality, intelligence, physical and artistic aspects, we help cultivate good eating habits for children, and enable children and adolescents to develop their ability to maintain their health, have healthy body and mind, healthy personality and the skills needed to adapt to the society at early age, and allow the younger generation learn to live healthily and scientifically, and extend their healthy eating habits for life.

In the experiment of diet education in Xin County, the AiXin Foundation coordinated with local governments, non-profit organizations and professional organizations, supported each other, combined diet education with health promotion organically, and brought it into the construction of school-based curriculum system and campus culture. Under the guidance and support of non-profit organizations and professional institutions, the local education departments put the diet education in the same position as moral education and intellectual education in primary and secondary schools. The diet education practice continuous to be carried out school-wide, constantly improve the capacity of diet education teachers, and form a new fashion of promoting a healthy life with diet education.

In 2017, diet education was carried out in Guangcai School and gradually promoted to 27 primary schools in the Xin County: a total of 365 diet education courses for students, 4 classes for parents, reached out to 14,408 person-times; 50 teachers from 27 schools trained and 4 diet education teachers supervision seminars were held; 12 teaching plans for local school-based diet education were compiled; and a variety of related campus activities were implemented.

In 2018, the Diet Education Promotion Plan continued to train diet education teachers in 27 primary schools in the County, supplemented by centralized supervision and discussion, including pre-class assessment, group discussion, simulation training, demonstration, and open class. In the whole year, 27 primary schools in Xin County carried out 576 hours of diet education courses, reached 27,000 students (person-times). More than half of the participating schools have set up diet education faculty team, and integrated diet education into school curriculum to ensure adequate time to complete the activities related to diet education.

At the same time, schools actively promoted diet education culture by establishing blackboard newspapers, bulletin boards, handwritten newspapers, diet education broadcasting, vegetable garden planting, etc. Six schools have set up diet education classrooms to provide students with operating and learning environment. Some schools have opened up vegetable gardens for students to provide a more educational environment for diet education activities.

The Diet Education Promotion Plan also trained more than 80 local medical workers from the grass-roots level to become Xin County Health Advocates and trained a group of professionals who went to the countryside to carry out health propaganda, with the hope to spread out the concept and behavior of promoting health to all families and communities in Xin County.

Student meal is a very important part of diet education. Under the arrangement of local government, there have been more than 200

International Forum on Diet Education in March 2018





Learning how to make rice dumpling in Diet Education course

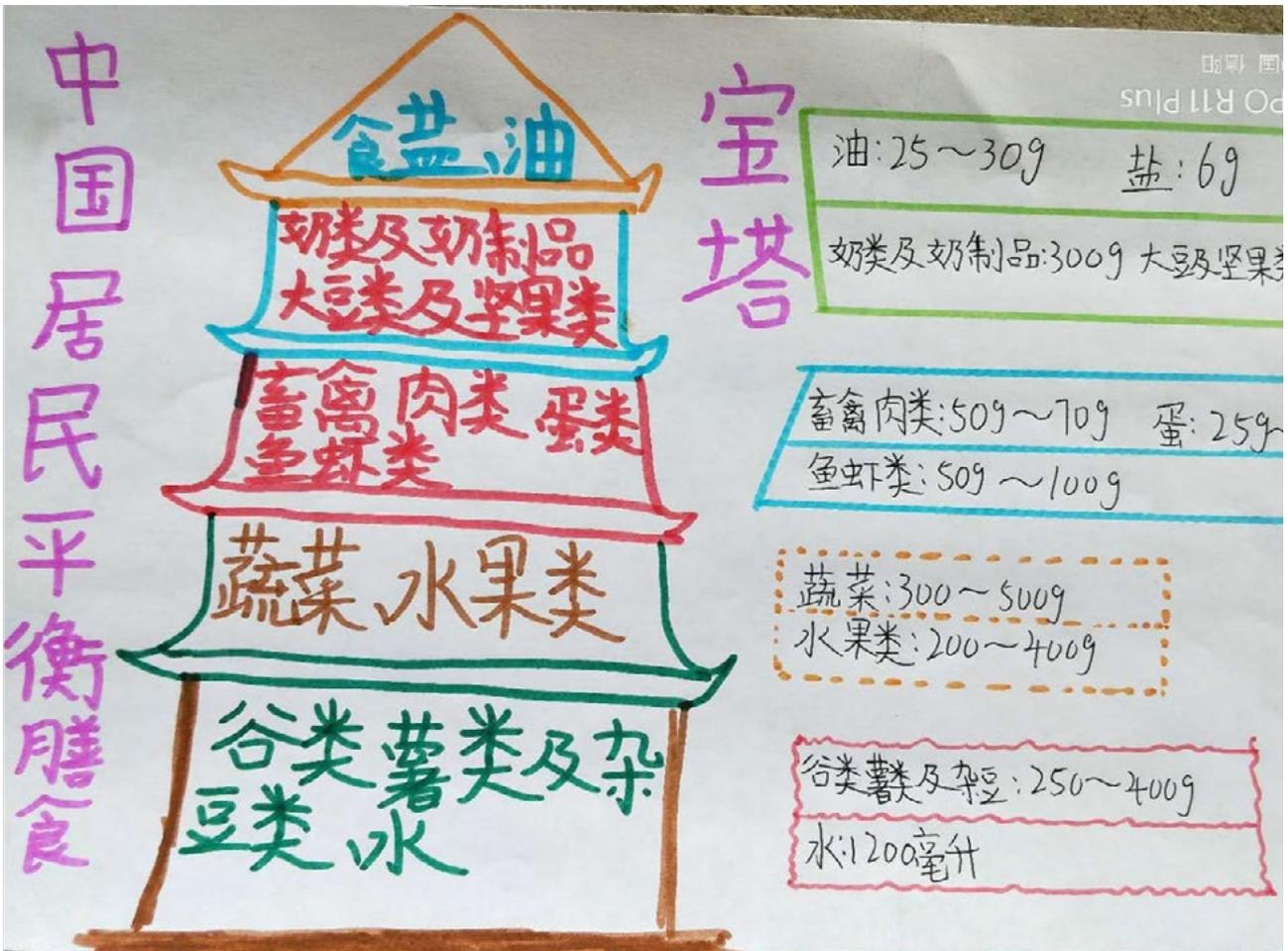


Diet Education course in Xin County

logistics and catering employees in Xin County, and more than 200 logistic managers and catering practitioners from primary and secondary schools with cafeteria, logistics management personnel and catering employees from third-party food companies, school principals, directors and executive staff responsible for procurement and cooking, participated in nutrition training respectively. The teachers gave lectures on the importance of students' diet, nutrition and the relevant standard guidelines for students' nutritious meals. At the same time, they also provided trainees with various knowledge related to procurement, cooking and processing.

Diet Education is a long-term process. It is necessary to cooperate with the government, schools, families and the whole society to make efforts in diet education and to cultivate young people's nutrition knowledge and good eating habits. We hope that through the pilot work of Xin County, we can further expand the social influence of diet education, so as to carry out the national legislation on diet education, and popularize and implement it in schools across the country.

Students work after taking Diet Education course



2.2

Supporting the Pilot Project of Mental Health Landing at the Grass-Roots Level



Graduation Ceremony for 2018 Xin County Mental Health Professional Training

At present, China is in a period of rapid economic and social transformation. The pace of people's life is obviously accelerated, competition pressure is increasing, and the prevalence of common mental disorders and psychological behavior problems such as anxiety disorders, depression, and insomnia disorders is on the rise. According to the survey, the mental health level of farmers is lower than the national average, and women are significantly suffering more than men in many aspects. Among the left-behind elderly, left-behind children and left-behind women in rural areas, psychological and behavior problems and social problems caused by them are increasingly prominent.

The AiXin Foundation has been paying close attention to the mental health of the people at the grass-roots level in China, especially in rural areas. Since 2005, the AiXin Foundation has continuously supported professional organizations and non-profit organizations to build a platform for mental health services at the grass-roots level, to carry out the dissemination of mental health knowledge and basic skills (such as emotional regulation), and effectively implement the project through multi-party coordination to improve people's mental health literacy level.



Participating women in discussion

Take the mental health of Xin County in Henan Province as an example:

Since 2014, the AiXin Foundation has introduced the Maple Women's Psychological Counseling Center Beijing (hereinafter referred to as "the Maple") to provide mental health services for the health promotion in Xin County. Through health culture advocacy, mental health knowledge training, psychological drama publicity, multimedia teaching and in-depth rural research, the Maple has advocated and promoted mental health to county government departments,

communities, schools, families and individuals respectively. At the same time, facing families and schools, activities such as healthy family selection and left-behind children's mental health counseling were carried out, which effectively brought into play a role in health culture orientation and mental health for greater health, and played a unique role in the health promotion work in Xin County.



Mental health promotion training

In 2017, in order to make the project more approachable and truly promote mental health to the hearts of the people, with the support of the Xin County government, the Maple went to the grass-roots level many times to listen to the voices and needs of the people. In addition to listening attentively to the leadership opinions of counties, townships and villages at all levels, they also went to the rural areas to discuss with the villagers, and conducted household interviews to collect first-hand information. With the cooperation of the Xin County government, the Maple continued to provide professional

services in three aspects: the training of health promoters, the training of cadres in the township and township committees, and the development of left-behind children's health psychology, and provides psychological counseling to families and individuals in need. The activities were conducted through participatory training, multimedia teaching and psychological drama creation and performance.

During the training process, the teacher assessed the needs and concerns of the participants through ice-breaking introductions, case studies, and heuristic discussions. For left-behind children, the Maple selected two townships as pilot projects, using schools and villages/communities as entry points to provide mental health knowledge and skills training and advocacy activities for left-behind children, their families and school teachers, and provide one-on-one professional psychological counseling services for families of left-behind children with special needs.

In order to meet the needs of the public, the Maple also designed a special event of Small Hands, Big Hands, Parents and Children Hand in Hand to Promote Health. Through children's classrooms and parent-child classrooms, the villagers' understanding about parent-child health and the art of communication got deepened, and the knowledge and awareness of adolescent health and sexual assault prevention were disseminated to children through videos.

In 2018, to meet the needs of rural people for mental health services, under the coordination and arrangement of the Xin County government, Beijing Yizhong Mental Health took over the implementation of the Xin County Mental Health Counselor Training Program, with the aim to actively promote the long-term mechanism of rural mental health, strengthen the construction of mental health key members and form a set of mental health service models that can be replicated to adapt to the spiritual life of grass-roots people.

Based on the previous research, the project carried out four series of psychological theory lectures and case counseling exercises, as well as personal experience and growth, for 30 grass-roots medical workers from Xin County. The training content includes group counseling, case counseling professional theory and practical methods. Every two weeks, the teachers regularly conducted remote supervision and discussion through WeChat, provided timely guidance to mental health counselors to address the difficulties encountered in their daily work, jointly discussed solutions, and further consolidated and enhanced professional literacy, improve trainees' overall professionalism.

The trainees applied what they have learned to clinical medical work, some trainees interacted with patients with humanistic psychological theory to gain the trust and recognition of patients; some trainees used reasonable emotional therapy in cognitive psychology theory to objectively handle issues and difficulties they countered. Other trainees went through personal growth, improve the relationship with their own families, that enables their family interaction become more pleasant and harmonious.

From 2017 to 2018, the mental health project in Xin County has achieved initial results, which embodies the joint efforts of local governments, non-profit organizations, trainees and many people, and laid the foundation for focusing on rural mental health services and developing a series of courses for the training plan of psychological counselors. It is hoped that more rural people can enjoy the well-being of positive, pleasant, healthy and development by scaling up and radiating the experience of Xin County to other areas.

Mental health scenario



2.3

Support the Health Promotion and Development of Rural Women's Families and Communities

Healthy living begins with a housewife. The family is the cell of society, and the woman is the head of family health. A woman knows how to be healthy, is equal to a healthy family, even more, the healthiness for generations. Since the investigation of the health promotion program in Xin County at the end of 2013, the AiXin Foundation, in conjunction with the Beijing Rural Women Public Welfare Development Center (now renamed Yichuang Rural Women, hereinafter referred to as "Yichuang"), regards the capacity building and family development of rural women as an important goal of the health project.

In view of the prevailing problems of the project villagers, health education begins with the enlightenment of community health awareness. In addition to improving the health awareness of the residents in rural areas, it is also necessary to help families and community residents in rural areas to learn the basic knowledge and practical skills of healthy living. In this process, a group of healthy families and community backbone members are trained to summarize their experiences and lessons learned that can be replicated and promoted.

A healthy community is not just a government thing. Human beings are the soul of a healthy community, especially in the period of social transformation, most men go out to work, while women become the backbone of the community. Only when these women are involved in the creation of healthy communities, the communities can be full of vitality. The implementation of health action depends on the good backbone members of women, who are leaders of community change and community action.

After entering the project village, Yichuang first organized all kinds of health education activities, and let more people participate in the form of favorite, and identified the backbone core members of local women in the process of community health awareness enlightenment. Through various forms of on-site teaching and class activities, women backbone core members are trained and empowered, such as organizing the backbone members to go out to learn and exchange experience, broaden their horizons, give one-on-one guidance to the group members, and strive to train a group of local leaders, to help them equip with ideas, knowledge, confidence, methods, and be able to take actions and make changes.

In 2017, Yichuang vigorously promoted healthy lifestyle among women, families and communities in Xin County, improved the health literacy of residents, and promoted the establishment of healthy communities and healthy family demonstration sites through healthy individuals. In order to give full play to the awareness of women's backbone members in health promotion activities in the community, they organized local leaders and 16 core members from 10 villages in 4 townships to Beijing to participate in the training of "Xin



Licensing ceremony for health family



Group picture after Health Promotion Action Event completed



Villager Lu Guihua came to the stage for the first time to read her own poetry

County Health Promotion Project, We Are in Action". The course design is based on the goal of the health project, revolves around how to train the backbone members to use what they have learned, practice health knowledge and ideas and drive and guide more people to participate in the creation of healthy families and communities.

In 2018, Yichuang carried out health promotion activities in 15 project villages in Xin County, paying close attention to the need of women left-behind and children left-behind, delivering activities that addressing harmonious families,

women's mental health, health knowledge and healthy cooking competition. They organized more than 20 sisters from various villages to go to Beijing to participate in the training of women's backbone core members construction in the healthy Xin County. The course revolved around the health promotion work in Xin County, on how women play their role as health leaders, how to use gender perspective to participate in health promotion work, and how to carry out health theme activities in the community.

Returning to the local area, the women's backbone members of each village, together with teachers from Yichuang, went into the villagers' homes, village clinics and fields, distributed health knowledge booklets, preached healthy knowledge, and presented the importance of health promotion in individuals, families and communities in the family's perspective. They also carried out health and safety training, parent-child fun games, discussed script with the art backbone, rehearsed health drama, organized elderly activities on Chongyang Festival (Double Ninth Festival for aged people), healthy cooking competition, health knowledge lectures, etc. in project villages. Most of these activities were designed, planned and organized by local women and sisters under the guidance of Yichuang. The trainers put a lot of efforts, as a result, local women and sisters were trained with organizational skills, communication and coordination skills. By participating in health promotion activities, these rural women have changed from passive recipients of health knowledge to active communicators.

Yichuang also helped establish the Xin County Healthy Sister Club and delivered online courses. Online course information is announced to the group twice a month. The content of micro-course not only related to health knowledge, it also contained issues regarding parent-child family education, how to dress, how to make up and so on. The community sharing class invited the experienced person in charge of the project site to share how they organize activities, how to link resources, etc. Through these activities, the concept of advanced health has been disseminated, the health quality and life quality of the residents are improved. The community has created an atmosphere in which "everyone pays attention to health, and everyone keeps healthy". It has been well received by the residents.

Over the past few years, with the

Women's backbone core members capacity building



strong support of the local government and the unremitting efforts of professionals/volunteers from non-profit organizations, Xin County has emerged a number of women role models, actively spreading out health concepts and knowledge. Healthy atmosphere, health signs, health bulletin boards, and health trails have been integrated into the daily life of the residents. The county selected a group of healthy role models, healthy families and healthy communities. It is believed that women will play a greater role in health promotion and participation in community building, and become a staunch force to push forward rural development. In order to achieve the sustainability of the project, the Xin County government has included health promotion in the “County Long-Term Development Program”, hoping to form a long-term mechanism that is led by the government, supported by the non-profit organizations, and participated by local social forces.

2.4

Actively Participate in Exchange Activities in the Field of Health in Mainland China and Abroad



Representative from AiXin Foundation at 2018 China Nutritionist Competition



Representative from AiXin Foundation gave speech at the 8th China-US Health Summit

The AiXin Foundation actively participated in health events at home and abroad, and strove to promote policies and experiences related to health promotion through international summits, cross-strait exchanges and domestic summit forums, and training sessions on various occasions. From 2017 to 2018, representatives of the AiXin Foundation participated in various conferences such as Healthy China Forum, China-US Health Summit, International Forum on Diet Education, and the China Nutrition and Health Summit Forum.....and exchanged ideas in depth with colleagues at mainland China and abroad. At the same time, in the past two years, representatives of the AiXin Foundation were invited by the National Health Commission Cadres Training Center to give lectures to grassroots health and family planning cadres from all provinces nationwide, to convey health concepts, knowledge and methods, and provide guidance to local cadres, which has been well received by all parties.

In summary, looking back on the health promotion projects of the AiXin Foundation

in past few years, the biggest challenge is to change people's minds. On the basis of policy advocacy, we continue to work with governments at all levels, academic circles, NGO organizations, enterprises and the local people, to carry out the pilot work of family and community-based universal health prevention system in depth. Nowadays, in the health project pilot area of the AiXin Foundation, healthy families, healthy villages, healthy communities have emerged, and the concept of health is becoming more and more deeply rooted in the hearts of the people, and the healthy atmosphere and social atmosphere are taking on a new look. At present, the Chinese government has paid unprecedented attention to health undertakings and vigorously advocates Integrating Health into All Policies and Healthy China Action.

The AiXin Foundation is happy to be the cornerstone of the road. We are pleased to see that the health projects we have participated in and explored have achieved initial success. After several years of practice, they have been recognized by all parties and integrated into government planning. Xin County Health Promotion Program has always been at the forefront of healthy China's actions, and we hope that all efforts will ultimately benefit more people.



Representative from AiXin Foundation attended the 11th Healthy China Forum



China-US Non-Governmental Cultural Exchange Program

3.1

Building Bridges

Since 2008, with the support and coordination of the AiXin Foundation, Yale University student organization Building Bridges has initiated the China-US college student social practice activity by teaching at primary and secondary schools in underdeveloped areas of China in every summer. The annual activities are based on English, Science and Technology Education, with cross-cultural exchange as the core value. One the one hand, it focuses on stimulating middle school students' enthusiasm for learning and interest in knowledge, broaden the horizon of students; on the other hand, the activity also provides excellent opportunities for college students at home and abroad to understand the real conditions of China, promote communications between young people, and enhance their feelings towards the motherland.

We recognize the importance of China-US relations to the world, and the future China-US relations requires more civil exchanges. We hope that the young people of China and the United States will work together!



2017BB-Volunteers - Freedom

2017 Hongdong, Shanxi Province



2017BB-Beijing Yale Center sharing

In August 2017, 62 students from Yale University, Hong Kong University, Peking University, Shanghai Jiaotong University and other domestic and foreign college students went to Shanjiao First Primary School and Shanjiao High School in Hongdong County, Shanxi Province, to carry out joint social practice activity. Together with more than 600 students in Hongdong County, they celebrated the 10th birthday of Building Bridges.

Excerpts from the volunteers:

I reviewed the lesson plans written by each volunteer, word for word, that they really wanted to teach the course well. I saw what the children of Shanjiao Primary School wrote after class, "I want to be a gentle and tolerant person, I want to be a person to help others." I saw the mind mapping drawn by the student of the school, which was their thinking from a new perspective. I saw the volunteers and the students talking one-on-one, and students confided their confusion to volunteers which they did not dare to talk to their high school teachers.



2017BB-Precious gifts from the kids

Some people may ask, what do we college students



2017BB-Volunteer group photo

really bring to those students? My response is positive. Though the local school facilities such as Hongdong are pretty advanced, the inequality of education resources in rural areas actually lies in the shortage of teachers, and students' lack of exposure, which is not something we can change. However, each one of our volunteers bring along their experience with the hope to inspire students through various courses. For example, the mind-mapping led the students to think about the possibility of life planning, and the career planning course allowed students to give different interpretation about interests and professions. We even tried to incorporate something missing in Chinese education, such as sexual education and mental health education.

——Dai Gaole, Yale University Volunteer

As Ms. Weng, President of AiXin Foundation told us repeatedly, "Education is not filling a bucket of water, but lighting a fire". Yes, through the short period of tutorial teaching activities, we cannot pass on all the knowledge we have learned to our students, but we can arouse the children's desire for knowledge! Therefore, in this trip to Hongdong, we didn't teach lessons already taught at schools, but we led the students to explore their potential and professional interests. We discussed their plan for life, taught them the art of debating, sang English songs, and discussed gender equality, sexual health knowledge with them.....all of these may be something they have never thought about, or never come into contact with.

Take my class Career Planning for example. When I stood on the podium for the first time and raised question to my students, no one could answer. "What do you want to learn after graduation? What jobs do you want to do in the future? " These rural children could not answer, they said they have never thought about it.

"What you want to do" and "what you can do" are two different things. The opening remarks of my class is "Interest is the best teacher." I explained the Holland Self-Directed Search to the students, and helped them explore the variety of professions that are most suitable to their own personalities. All I tried to do was to give them an idea that it is crucial to have a direction, and it is essential to understand ourselves. Make a plan, and the road ahead of us will become as wider as it could be..... Giving these children a chance to think about their future is the most fulfilling thing I have ever done before.

——Li Chengxi, Shanghai Jiaotong University Volunteer

I had a lot of worries before departure. I did not know what kind of students I need to deal with. I was afraid that I would not be able to cope with all kinds of possible emergencies. Compared with other volunteers, I study at a relatively less well-known college. My sense of inferiority made me worry that the students would look at me differently. It turned out that the children were beyond what I imagined. They welcomed me sincerely, and they actively participated in my class. They considered me as the most approachable volunteer, and my course is the most interesting among all. Their laughter dispelled all my concerns, and made me devote all my heart and soul to our class.

On this trip, I also witnessed the outstanding of other college students at my age. I thought I would never fit in. They were versatile, conscientious, optimistic and cheerful. I was deeply shocked by their self-confidence. I was fortunate to have met such a group of excellent friends during the burnout period of my postgraduate entrance examination. I suddenly realized that there were a group of peers who are already outstanding and have a much higher starting point, but they still take their own study and work very seriously. It made me reflect my own status and want to make a positive choice for my life.

—— Huang Lanqing, Hunan Agriculture University Volunteer

2018 Qingzhou, Shandong Province

The 2018 Building Bridges was held at Qingzhou Experimental Middle School in Shandong Province from August 12th to 22nd. 65 volunteers from colleges and high schools from all over China and the United States took part in the meaningful event with more than 1,300 local students who were about to become 11th graders. Organized by Yale University student organization Building Bridges, and coordinated by the AiXin Foundation, this social practice of tutorial teaching in rural China has been carried out for 10 years. "Education is a tree shaking a tree, a cloud pushing a cloud, and a soul awakening another soul." This is exactly what 10 years of persistence and dedication are all about.

Excerpts from the volunteers:

In 10 days, I thought I couldn't bring much to the students, but I didn't know until I talked to them. In their view, our short stay has made a lot of difference in their lives. Not only 10 days of laughter, but we helped them broaden their horizons. This positive energy probably comes from the release of their hidden nature in the heart. I hope that they will take the energy given by Building Bridges and take the courage to pursue what they really yearn for!

In the simulation negotiation class, the students were quite outspoken. It was obvious that their thinking was very active. Many of them are smart but they need a more relaxed environment and need more opportunities for self-expression. Thus, their creativity and imagination can burst out.

I often think that there is a huge difference between what I can do and what I wish I could do. However, the sincerity of the students has strengthened my determination to focus on education. In the previous tutorial teaching trip, one teacher once said: "The power of education is immeasurable." I believe one day I can become a little sun, brings out as much light and heat as possible.

——Wei Jianmiao, Peking University Volunteer

I was particularly grateful to the boys and girls who were willing to kick barefoot with me in my Taekwondo class. It was their seriousness and vivacity that allowed me to shout loudly, and finished the class with them, even I knew that Taekwondo is not so appealing to them. I am not a cheerful, lively person, but in the short days accompanied by them, I become more brave. I never

2018BB-Happy Moment



2018BB-In the classroom



thought I could talk about a class on the podium, and I didn't think I could teach them every leg move with confidence. I didn't expect that they could be so cooperative and respectful to me. I could now speak in the class without using a megaphone, and the student sitting in the back of the row can hear me clearly!

— Dong Shangqi, Beijing No.11 High School Volunteer

2018BB-Team building - Trust



As an educator, I have been thinking about the value and significance of the Building Bridges Program.

Hu Youyou, a rural girl, coincidentally participated in Building Bridges activity in 2013 at the age of nine. She heard the standard English pronunciation from the volunteers, and was affected by their ambition and spirit, which inspired her to learn English. Over the past few years, she organized English study group in her school, spent tremendous efforts working with her classmates and won the gold medal at competition like CCTV Youth English Competition again and again. Is this the meaning of Building Bridges?

2018BB-Happy Moment



When the children of Qingzhou Experimental Middle School said goodbye to the Building Bridges volunteers, all the children bowed to show their gratitude. They bought volunteers gifts with their pocket money. In the rainy days, they gave their umbrellas to the volunteers. "I will remember you all in my life," students said from the bottom of their hearts. To volunteers who they have only spent a few days together, behavior and language out of gratitude have taken place so naturally and sincerely. Is that the value of Building Bridges?



A college student volunteer from China's famous university had no worries but no motivation for progress. After returning from the tutorial trip, he has turned to another person. A university student volunteer, who grew up in a foreign country, has visited China several times and thought he knew China very well. However, after in-depth contact with Chinese education system, after spending time living and studying with Chinese students, he had a deeper reflection on the China-US politics, culture and the development of the world. Are these also the impacts of Building Bridges?

Perhaps, we will never know which course, which sentence, or which behavior of a certain volunteer in a certain year, let a rural woman living somewhere remember to pick up phone to make a call to the police when her husband becomes violent; let a boy who has smoked since primary school pinches out the cigarette

2018BB-Volunteers in our eyes

in his hand forever; let a child living at the bottom never loses his faith in working hard; or furthermore, let a child begin to work hard from now on, and gets admitted to the same university one day as those volunteers did.

Over the past decade, the Building Bridges China-US Youth Cultural Exchange Program, initiated by the Yale University student association and supported by the AiXin Foundation, has been moving forward rather smoothly. With an increasing number of participants and help from countless people, the program has its chance to play a role. We hope this beam of light of Building Bridges will shine forever.

— Dong Hanrong, AiXin Foundation Volunteer



2018BB-Learning Together



2018BB-Outdoor activity

2017BB-Keep the most wonderful memory



3.2

Sharing and Exchange of AiXin Column

As a bridge and window, the AiXin Foundation actively promotes cultural exchanges between China and the United States. China and the United States play pivotal role in the overall situation of the world. Between the two countries, whether at government level or private exchange between the people, dialogue and listening are needed to enhance mutual understanding and trust.

Since its publication in March 2003, the AiXin Column has been issued on weekly basis and has accompanied overseas readers for 15 years. We hope that the first-hand materials from the grassroots level in China will be reflected and presented as realistically and objectively as possible to share with friends who care about China in overseas.

AiXin Column published on US Newspaper weekly



AiXin Column published on the "Washington Chinese Daily News"



AiXin Column published on the "New World Times"





AiXin NGOs Support Program

In recent years, China's public welfare undertakings have developed rapidly, and the public welfare concept has become widely popularized. A very important task of the AiXin Foundation is to support the growth of local non-profit organizations and young people in China. At the same time, we also attach great importance to resources integration by collaborating with local governments, academic circles, enterprises and non-profit organizations, to improve mutual exchanges and sharing, and jointly promote the healthy development of public welfare undertakings in China. In the future, we will focus on capacity-building to support non-profit organizations and young partners in various forms.

4.1 Support "Following the Health of Children Left-Behind Project" and "Diet Education Promotion Plan"

Since 2013, the AiXin Foundation has been supporting the "Following the Health of Children Left-Behind Project", and later on it became the "Diet Education Promotion Plan". It is hoped that these activities will introduce and increase health awareness to schools, families, communities, and the whole society, gradually cultivate the health awareness and basic skills of rural children, help children develop good eating habits from an early age, set up positive philosophy of life, and allow children learn to live healthily and scientifically.

Diet Education, that is, diet education and education through diet. Through Diet Education, develop children's ability to maintain good health, to acquire basic ability to cope with daily life, to work independently, and equip with the ability to be grateful and to love.

The "Following the Health of Children Left-Behind Project" has been entered the school since 2012. By 2015, the "Diet Education Promotion Plan" has formed through research and development courses, writing teaching materials, training teachers, establishing model schools and diet education bases, as well as work stations and interest classes throughout the country. The Diet Education Promotion Plan helps to introduce health and nutrition knowledge to students, cultivate good eating habits, and learn a balanced diet and reasonable diet, so as to improve the school's "diet education" system, and further push forward the development of national

Representative from AiXin Foundation presented awards to guests at 2018 International Forum on Diet Education



Support the team building of Diet Education core group



diet education.

As of November 2018, the project has set up 36 volunteer service stations nationally, trained 7 angels of action, reached out to 14 provinces, 3 municipalities and 2 autonomous regions. In the six years from 2013 to 2018, there were 7,814 food education lectures, 7,390 student lectures, and 424 lectures for parents and teachers throughout the country, which directly benefit 341,000 people.

On the one hand, the AiXin Foundation funded the overall improvement of the core team of the project; at the same time, it supported the implementation and sustainable development of the project through multi-party coordination and presentation at large-scale meetings, and publicized the activities overseas through the AiXin Column.

4.2 Support for Health Program in Minority Area



Tibetan Maternal and Child Health Association working group (President Baima Yangjin in the middle)



Free clinic in agricultural and pastoral areas

The AiXin Foundation is very concerned about health and education of ethnic minority areas. Since 2014, the AiXin Foundation has continued to support the Tibetan Maternal and Child Health Association (TMCHA) to develop skills training for Tibetan village doctors and midwives, deliver community health education projects, and sexual education programs for Tibetan adolescents, with a view to reducing maternal and infant mortality and improving the growing environment for children and adolescents in remote agricultural and pastoral areas.

By the end of 2017, the TMCHA had held 42 sessions of village doctor training and trained 2,123 village medical staff, of whom more than 50 percent came from remote agricultural and pastoral areas. These trained junior medical staff were scattered in 74 counties, 683 townships and more than 2,000 villages in the Tibet Autonomous Region. After the training, the trainees work in the local villages to serve the ordinary people at the grass-roots level. The TMCHA invited relevant experts to carry out training on nutrition during pregnancy, safe delivery, birth defects and other related knowledge among family members of pregnant women, women of childbearing age and village doctors in rural areas. The association also hired professionals in children and gynecological diseases to provide free consultation and distribute free medication to people at project training sites. In recent years, the association's rural doctor training, community health education and free clinics, community disability rehabilitation, and other projects have received wide attention and full recognition from all walks of life.

4.3 Support for Education Program in Minority Area

Support the “House of Banyan Root” (Rongshugen) in the Yunnan-Myanmar border

House of Banyan Root (Rongshugen), a non-profit organization, is located in Jingpo inhabited area and on the Yunnan-Myanmar border of Dehong Prefecture, Yunnan Province. It is one of the areas most affected by drugs and AIDS in China. Of the more than 200 students in House of Banyan Root, one out of every four children lost their parents because of drugs. In 2007, Dutch artist and linguist Dr. Anton Lustig who studied Jingpo language, and his wife, Li Yang, co-founded the “House of Banyan Root”, a non-profit organization for children, dedicated to the education of local children. They settled in the depths of the mountain and worked with the villagers in Jingpo. Together, they built the “House of Banyan Root” Children's Activity Center with bricks and tiles, bamboos and woods on the hillside.

The House of Banyan Root is designed to integrate the Jingpo traditional culture into the characteristic bilingual and artistic education, and to help the children to build self-confidence and creativity while realizing the cultural inheritance. In this unique House of Banyan Root built for children and volunteers around the world, Dr. Anton Lustig and Li Yang inspired children with fun course and artistic activities to help them enjoy the happiness of learning and creation, and practice the concept of “self-confidence and self-identity.” The fate of these children is thus changed.

In 2017-2018, the AiXin Foundation supported the House of Banyan Root in various ways, and publicized its event through the AiXin Column.



Li Yang and Dr. Anton Lustig



The real education is awaken a soul by another soul

4.4 Pay Attention and Support NGOs in A Variety of Ways

From 2017 to 2018, the AiXin Foundation continued to participate in supporting the capacity-building of non-profit organizations and nurturing young people through lectures, training, consultation, coordination services and various forms of cooperation.

2017-2018 AiXin Foundation Financial Report

project		Year	
		2017	2018
Beginning Balance		205,337	202,265
Revenue	Contribution	99,198	54,424
	Contribution Services and Goods	57,400	58,760
	Interest Income	284	924
	Total Revenue	156,882	114,108
Expenses	Program Services	153,528	116,948
	Supporting Services	6,426	4,407
	Total Expense	159,954	121,355
Year End Net Assets and Total Liabilities		202,265	195,018
Change in Net Assets		(3,072)	(7,247)



List of Donors in 2017

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Dr. Hsiang Tao Yeh (for 王岵瞻)		
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¥4,001-¥9,999

魏晓晴女士	刘晖女士	东莞华港机电
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¥10,000 and above

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工作报告编审、排版、翻译: 翁永凯、董寒融、周沛珊

(Annual Report Editor: Dr. Yongkai Weng, Hanrong Dong, Peishan Chou)

爱心基金会衷心感谢来自美、中两国爱心人士与志愿者的无私捐助和奉献支持。爱心基金会享有美国联邦政府 501(c)(3) 免税和美国联邦政府联合捐款 (CFC #10769) 待遇，如您有意支持中国农村的爱心助学和健康教育，中美文化交流及生态环保、可持续发展项目等，爱心基金会将全力助您达成心愿。

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期待未来您仍然与爱心基金会携手同行，为中国偏远地区的教育事业和基层农村健康事业，发挥我们的力量！

